

Being a parent is hard work.

In the first few years, children learn more and at a faster pace than at any other time in life. You help shape your child's future through the kinds of experiences you provide. Your baby was born to learn, and as a parent, you are your child's first and most important teacher.

Parents as Teachers is here to help you!

Parents as Teachers (PAT) is a parent education and family support program serving families throughout pregnancy until their child enters kindergarten, usually age 5.

Parents are supported by PAT-certified parent educators trained to translate scientific information on early brain development into specific when, what, how and why advice for families. By understanding what to expect during each stage of development, parents can easily capture the teachable moments in everyday life to enhance their child's language development, intellectual growth, social development and motor skills.



Parents as Teachers National Center, Inc.

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CONTACT US

To Speak to a PAT Representative
at the Valley Park School District
Call: (636) 923-3531 or
mfitzpatrick@vp.k12.mo.us

**VALLEY PARK
PARENTS AS
TEACHERS
PROGRAM**

All children will learn, grow and develop to realize their full potential.



ENROLL TODAY!





“Having someone take
the time to talk with me,
one-on-one, about
parenting makes me feel
useful, needed and very
necessary!”

As a PAT family, you receive:

♥ *Personal Visits* – during which your parent educator will share age-appropriate child development and parenting information, help you learn to observe your child, and address your parenting concerns.

♥ *Parent group meetings* – which are opportunities to share information about parenting issues and child development. Parents learn and support each other, observe their children with other children and practice parenting skills.

♥ *Screenings* – to assess your child's overall development as well as health, hearing and vision.

♥ *Resource network* – that link your family to other community services.

Independent evaluations show
PAT works!

PAT children:

♥ at age 3 are significantly more advanced in language, social development, problem solving and other cognitive abilities than comparison children.

♥ score higher on kindergarten readiness tests and on standardized measures of achievement in early grades.

PAT parents:

♥ are more involved in their children's schooling.

♥ are more confident in their parenting role and read more to their children.

What do parents say about Parents as Teachers?

“The Parents As Teachers program is a wonderful first look at making sure your children are meeting milestones and on the right path. Valley Park has done a wonderful job with the program and we have enjoyed having it available for all three of our children. From home visits to zoom calls and at school visits, it all still felt flawless and the attention to detail was still received. We enjoyed the events that were sponsored by PAT and we hope they continue to grow.” – Lisa R.

About Parents as Teachers!

Thousands of Parents as Teachers sites can be found nationwide...local programs working with parents to provide them with parenting support and information on their developing child. Parents as Teachers is designed to foster strong, loving relationships between parents and their children.

Enroll today!

You and your baby deserve the support Parents as Teachers offers. Give your child the best possible start in life because your baby was born to learn! Call (636) 923-3531 to speak with someone about the Valley Park School District Parents as Teachers program.